

# FIBO – THE WORLD’S BIGGEST TRADE SHOW FOR FITNESS, WELLNESS AND HEALTH

More than 1,000 exhibitors from around the world will be showing you everything in the scene that is important or which soon will be. This is where you will find exciting workouts in which you can also take part, as well as the very latest outfits and everything having to do with the topic of fitness. Make sure you don't miss out on the live experience for the industry and be inspired by our exhibitors.

The biggest trends, most exciting innovations, key market players and hottest newcomers in the scene – you can experience all that and more at FIBO 2018.

*If you are looking to obtain an overview of the global industry or want to make sure that you do not miss out on any developments, then FIBO is an absolute must.*

## MEET YOUR STARS

HERE ARE SOME OF THE STARS:

FERNANDA BRANDAO, ANNE KISSNER, PAMELA REIF, SOPHIA THIEL, NIKEATA THOMPSON, COACH SEYIT, NAM VO, FABIAN HAMBÜCHEN, MICHELLE LEWIN, STEPHANIE DAVIS, DENNIS WOLF, ULISSES JR, FLYING UWE AND MANY MORE!



## HIGHLIGHTS 2018

### GROUP & AQUA FITNESS

#### Hall 4.1

- Extensive programme on four stages: Group fitness (classic and equipment-based), aqua fitness and **BRAND NEW** this year: Yoga!
- Everyone is encouraged to participate! Try out new workouts like twerXout and Hatha Yoga or join in our live workouts in the pool. Don't forget your sports and swimming gear! You will find showering and changing facilities on site.

### NEW: FIGHTING FIT

#### Hall 4.1

- All facets of the martial arts, from traditional martial arts to training for children and women – events that offer the entire family a chance to take part.
- Participate in various workshops and taster courses or watch the professionals as they train and compete.

### NEW: LIVE COOKING AREA

#### Hall 10.2

- This is where you can find out all there is to know about vegan nutrition, superfoods and low carb diets.
- A professional chef prepares the foods live on site while sharing their valuable knowledge with you. Naturally you can also try out the chef's creations.

### ACADEMY

#### Hall 5.1

- High-quality training event for trainers, personal coaches and interested fitness fans.
- All the high-profile training institutes will be on hand, including IST University of Applied Sciences, GuckerKolleg, SAFS & BETA to name but a few.
- Well-known speakers use the Theory Sessions to share their valuable knowledge.

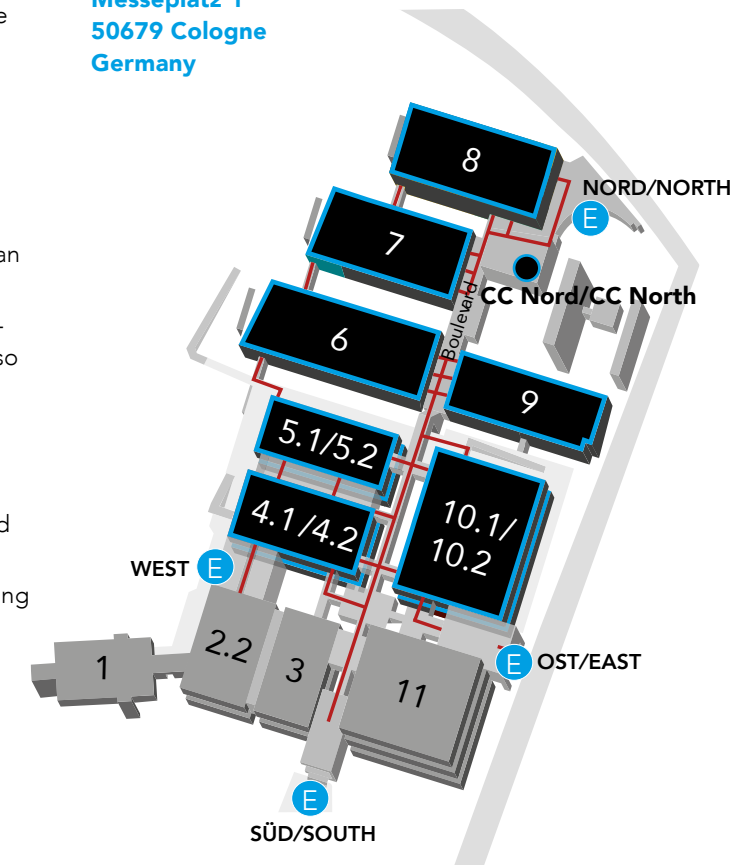
You will find information on travel and accommodation on our website at [www.fibo.com/arrival](http://www.fibo.com/arrival)

## OPENING HOURS SATURDAY, 14 APRIL AND SUNDAY, 15 APRIL 2018 9:00 A.M. – 6:00 P.M.

Book your ticket for FIBO 2018 now at [www.fibo.com/expotickets](http://www.fibo.com/expotickets)

Would you like to visit FIBO on 12 or 13 April? Then act now to obtain one of the limited number of Premium tickets.

Cologne Exhibition Centre  
Messeplatz 1  
50679 Cologne  
Germany



Get your ticket NOW!  
[fibo.com/fibotickets](http://fibo.com/fibotickets)

The leading international trade show for fitness, wellness and health  
Cologne Exhibition Centre | 12 to 15 April 2018