

Hungry? Thirsty? No problem!

Yet again we will provide you with a food selection ideal for every phase of your training.

Try our low-fat, protein-rich or low carb dishes that fit your diet perfectly.

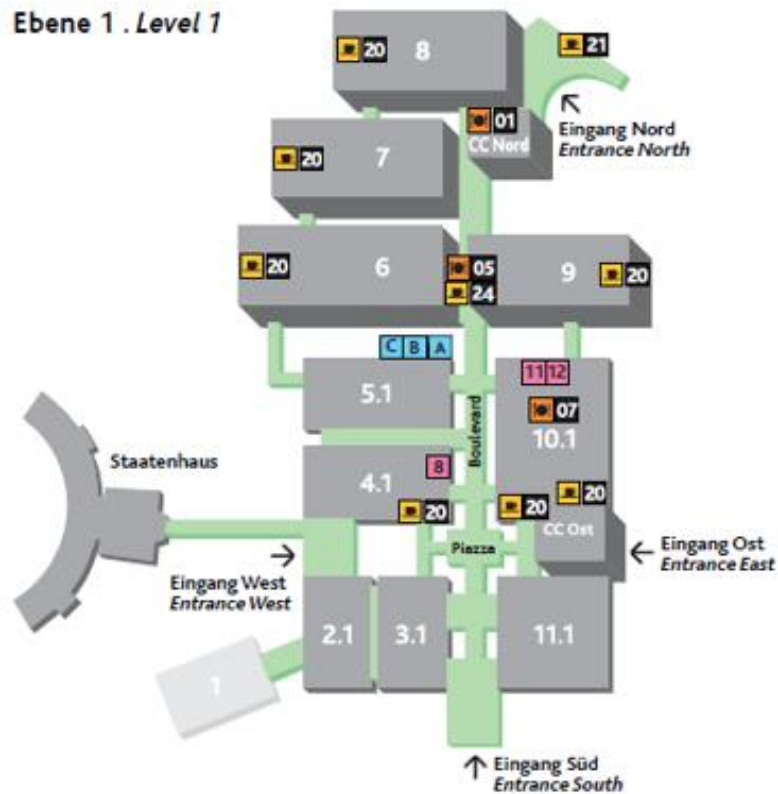
And let's not forget about your most favourite protein-rich meal from last year - flamed salmon! Find it outside, at the same place.

PS: If you're up for a cheat meal, come and enjoy our Schnitzels, Bratwurst and co.

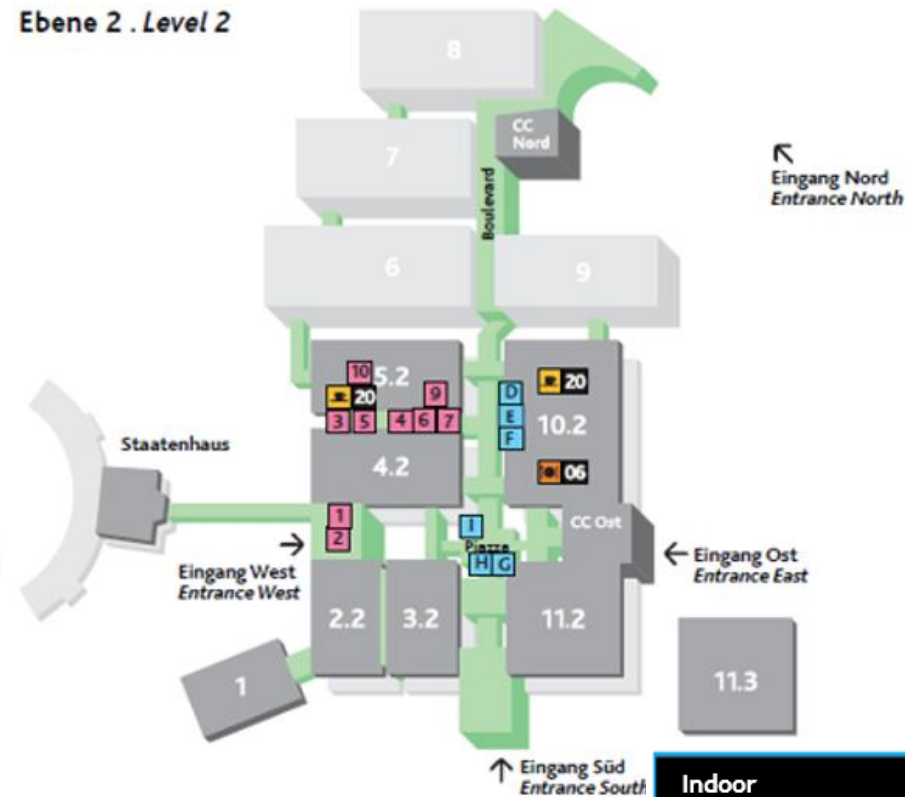
***Train hard drink soft!** Water 0,5l bottle only **2,50€** Incl. 0,25€ deposit

* available only at Snackpoints and Restaurants

Ebene 1 . Level 1



Ebene 2 . Level 2



Self Service Restaurants

- 01 Curie
- 05 Lindbergh
- 06 Newton
- 07 Asia Wok

Snack Points & Bars

- 20 Snack Point
- 21 Café Fahrenheit
- 24 Coffee meets Juice

Outdoor

- B Asiawagen - Halle 5.1 Nord
- C Buns & Suns Halle 5.1 Nord
- D Getränkewagen Halle 10.2 Rampe
- E Flammlachs - Halle 10.2 Rampe
- F Fackelspieße - Halle 10.2 Rampe
- G BBQ Grill - Piazza
- H Hot Dog - Piazza
- I Kaffeebar - Piazza

Indoor

- 1 Kaffeebar - Passage 2-4
- 2 Hot Dog - Passage 2-4
- 3 Kaffeebar - Passage 4-5
- 4 Asia Corner - Passage 4-5
- 5 Asia Corner - Passage 4-5
- 6 Hot Dog - Passage 4/5
- 7 Mashery Hummus Kitchen - Passage 4/5
- 8 Love Salad - Halle 4.1
- 9 Kaffeebar EMS - Halle 5.2
- 10 Kaffee APE - Halle 5.2
- 11 Kaffeebar - Halle 10.1
- 12 Hot Dog - Halle 10.1

Curie & Lindbergh

SNACKS & SALADS

| | |
|---|---------|
| Curry-rice with kidney beans, peppers and chicken | 7,00 € |
| Salad buffet small plate | 9,50 € |
| Salad buffet large plate | 13,00 € |

MAIN COURSE

| | |
|---|---------|
| Salmon with vegetables, small potatoes and Turmeric sauce | 23,50 € |
| Steamed chicken with rice and lemon sauce | 14,50 € |
| Schnitzel „Vienna-style“ with French fries | 16,50 € |
| Lasagne al forno | 13,50 € |
| Mie noodles „Kung Pao“ crisp vegetables and chicken | 13,50 € |
| 2 omelettes with 3 toppings at buyer's option | 9,50 € |
| Korean pork belly / spring onions / alpine cheese / cherry tomatoes / red onions / baconjam | |
| wholemeal fusilli with Mediterranean ratatouille- tomato sauce | 10,50 € |

SIDE DISHES

| | |
|----------------------------|-----------------|
| French fries small / large | 4,50 € / 7,50 € |
| Rice | 3,00 € |
| Small potatoes | 3,00 € |
| Bulgur | 3,00 € |
| Lentils | 3,00 € |
| Stir fried vegetables | 5,00 € |

DESSERTS & HOMEMADE CAKES

| | |
|---|--------|
| Fruit salad | 4,50 € |
| Rice pudding with stewed cherry | 3,50 € |
| Cherry cake | 3,50 € |
| Gateau Styrian-style with pumpkinseed oil | 4,50 € |
| Power Muffin | 4,00 € |
| Brownie | 3,00 € |

Newton

SNACKS

| | |
|-------------------------------|-------------|
| Bread rolls, various toppings | 4,00-4,50 € |
|-------------------------------|-------------|

SALADS

| | |
|---|---------|
| Salad Box with fried chicken, cherry tomatoes, olives and peppers | 10,50 € |
| Small salad | 4,00 € |

MAIN COURSE

| | |
|--|---------|
| Two escalopes with French fries and Anchovy-Mayonnaise | 19,00 € |
| „Murgh Makhani“ Indian butter-chicken with rice, mango chutney and Raita | 15,00 € |

SIDE DISHES

| | |
|----------------------------|-----------------|
| French fries small / large | 4,50 € / 7,50 € |
| Rice | 3,00 € |

DESSERTS

| | |
|------------------------------------|--------|
| Red fruit jelly with vanilla sauce | 3,50 € |
|------------------------------------|--------|

BBQ PIAZZA

HOT SNACKS

| | |
|--|--------|
| Bratwurst | 4,00 € |
| Grillido Popeye (chicken sausage with spinach) | 3,50 € |
| Chicken skewer with chimichurri | 7,50 € |

SALADS

| | |
|---------------------------|--------|
| Cole Slaw | 3,00 € |
| Mediterranean pasta salad | 3,50 € |
| Potato salad | 4,00 € |

Passage 4-5

SOUP

| | |
|--|--------|
| Chinese power soup with dates, lotus roots and noodles | 7,00 € |
|--|--------|

SNACKS

| | |
|---|--------|
| 4 mini spring rolls with pineapple-mint ketchup | 3,00 € |
|---|--------|

MAIN COURSE

| | |
|---|---------|
| Fried noodles with crisp vegetables | 7,00 € |
| Fried noodles with crisp vegetables and chicken | 14,50 € |



lovesalad

SOUP

| | |
|-------------------|--------|
| Tomato Basil Soup | 7,00 € |
|-------------------|--------|

WRAPS

| | |
|-----------------|--------|
| Quinoa Trip | 5,50 € |
| Little Italy | 5,50 € |
| Tuna Belly | 6,00 € |
| Crunchy Chicken | 6,00 € |

SALADS

| | |
|-----------------|---------|
| Mixed Lovesalad | 10,00 € |
| Italian Vita | 11,00 € |
| Farmers | 12,00 € |
| Protein Slammer | 12,00 € |
| Layer Salad | 8,00 € |

***Water 0,5l bottle + banana + glucose tablets only 3,50€** Incl. 0,25€ deposit

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Snack Point Hall 4.1

(EXTRACT OF THE MENU)

SNACKS

| | |
|---|-------------|
| Bread rolls, various toppings | 4,00-4,50 € |
| Protein bombe with honey-mustard-spread, cress and cherry tomatoes | 5,00 € |
| Pretzel roll with herbal cream cheese | 4,50 € |

SALADS

| | |
|-----------------------------|--------|
| Small salad with mozzarella | 7,50 € |
| Large salad with ham | 9,50 € |

HOT SNACKS

| | |
|----------------------------------|--------|
| Sausage with bread roll | 4,00 € |
| Meatball with bread roll | 5,00 € |
| Chicken escalope with bread roll | 7,00 € |

SWEET SNACKS

| | |
|------------------------------------|--------|
| Power Muffin | 4,00 € |
| Vanilla quark with red fruit jelly | 6,00 € |

Snack Point Hall 10.1

(EXTRACT OF THE MENU)

SNACKS

| | |
|---|-------------|
| Bread rolls, various toppings | 4,00-4,50 € |
| Protein bombe with honey-mustard-spread, cress and cherry tomatoes | 5,00 € |
| XXL bread roll with chicken breast | 8,00 € |

SALADS

| | |
|-----------------------------|--------|
| Small salad with mozzarella | 7,50 € |
| Large salad with ham | 9,50 € |

HOT SANCKS

| | |
|---------------------------------------|--------|
| Power Quiche with lentils and chicken | 6,50 € |
| Bratwurst with bread roll | 4,00 € |
| Currywurst bread roll | 5,00 € |

SWEET SNACKS

| | |
|------------------------------------|--------|
| Power Muffin | 4,00 € |
| Vanilla quark with red fruit jelly | 6,00 € |

Snack Point Hall 6-9

(EXTRACT OF THE MENU)

SNACKS

| | |
|---|-------------|
| Bread rolls, various toppings | 4,00-4,50 € |
| Protein bombe with honey-mustard-spread, cress and cherry tomatoes | 5,00 € |
| Focaccia snack with mozzarella and cherry tomatoes | 5,50 € |

SALADS

| | |
|-----------------------------|--------|
| Small salad with mozzarella | 7,50 € |
| Large salad with ham | 9,50 € |

HOT SANCKS

| | |
|---------------------------------------|--------|
| Power Quiche with lentils and chicken | 6,50 € |
| Chicken escalope with bread roll | 7,00€ |
| Currywurst with bread roll | 5,00 € |

SWEET SNACKS

| | |
|------------------------------------|--------|
| Power Muffin | 4,00 € |
| Vanilla quark with red fruit jelly | 6,00 € |

Café Fahrenheit

(12.-13.04.2018 / 8:00-11:00 A.M.)

BREAKFAST

| | |
|------------------------------------|-------------|
| Chocolate croissant | 3,00 € |
| Ham & Cheese croissant | 3,00 € |
| Bread rolls, various toppings | 4,00-4,50 € |
| XXL bread roll with chicken breast | 8,00 € |

DRINKS

| | |
|--------------------|-------------|
| Softs | 2,50-4,50 € |
| Coffee specialties | 2,50-4,50 |

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SPECIALS FOR YOU



Hall 5.1
Outdoor

Buns & Sons provides you with the finest BBQ Pulled Pork Burgers.

Flamed Salmon / Rampe 10.2

Smoked over a fire on a wooden board; Can salmon taste any better?

Meat skewer / Rampe 10.2

A hell of a lot of marinated meats on a gigantic skewer.
100 % non-vegetarian.



Passage
4-5

Mashery Hummus Kitchen serves you a nutrient-rich highlight - just like in Tel-Aviv.

Hot Dogs

Enjoy our Hot Dogs everywhere on the expo grounds.
Classic, chili cheese or deluxe. The choice is yours!

ASIA WOK / Hall 10.1

Very authentic Chinese food. Fried noodles with crisp vegetables or a Chinese salad plate - you decide. Of course, there'll also be spring rolls!

Kaffeebars

Coffee Lovers are in good hands with us.
Enjoy a cup of coffee paired with some sweet pastries at nearly every corner.

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